

MONDAY 1 JUNE	TUESDAY 2 JUNE	WEDNESDAY 3 JUNE	THURSDAY 4 JUNE	FRIDAY 5 JUNE
 <b>BE CURIOUS</b>	 <b>BE MINDFUL</b>	 <b>BE INSPIRED</b>	 <b>BE KIND</b>	 <b>BE REFLECTIVE</b>
<p><b>Natural History Museum</b> Museums might be closed but there are many online virtual tours available to explore. Click here: <a href="https://www.nhm.ac.uk/visit/virtual-museum.html">https://www.nhm.ac.uk/visit/virtual-museum.html</a> to explore the museum</p> <p>Take a tour of the museum to view the amazing spaces and famous dinosaurs, some that you might recognise from films such as Paddington and Tomb Raider. Explore specimens from space, join interactive science talks and even take a guide with David Attenborough.</p> <p>Which room or area did you find most interesting and why? Tell us fact you have learnt from your virtual visit? Have you ever visited the museum?</p> 	 <p><b>MINDFUL EATING</b></p> <p>If you can, use a wrapped sweet for this activity. Alternatively, an unwrapped sweet or a small piece of food that you like.</p> <p>Follow the instructions <a href="#">HERE</a></p> <p>ANSWER THESE QUESTIONS</p> <ul style="list-style-type: none"> <li>• What was that like?</li> <li>• What did it smell like?</li> <li>• Is that how you normally eat sweets?</li> <li>• Where do you think that sweet came from?</li> </ul> 	<p><b>READ THIS EXTRACT</b> Use these guiding questions to talk about this extract with someone at home or a friend:</p> <ol style="list-style-type: none"> <li>1. Do you like to eat fish? You may hate fish but lots of people rely on fishing for their income and for feeding their families.</li> <li>2. Can you think of other ways we can help to lessen the use of plastics?</li> <li>3. Could you imagine an ocean with no marine life at all?</li> <li>4. Why is there so much plastic used today, much more than in previous years?</li> <li>5. Do you ever walk along the beach and think why there is so much pollution in such a beautiful setting?</li> </ol> 	 <p><b>Acts of Kindness Photo Activity:</b></p> <p>Click <a href="#">HERE</a> for the photos and questions for this activity</p>  <p><b>DON'T FORGET TO USE YOUR KINDNESS CALENDAR</b></p>	<p>Use this link to tell your teacher about the challenges you completed this week</p> <p><a href="#">FORM</a></p> 