

CULTURAL CHALLENGE

CHALLENGE WEEK 1
4 MAY 2020

MONDAY 4 MAY

TUESDAY 5 MAY

WEDNESDAY 6 MAY

THURSDAY 7 MAY

FRIDAY 8 MAY



BE CURIOUS



BE MINDFUL



BE INSPIRED



BE KIND



BE REFLECTIVE



Explore the
7 Wonders of the World
Visit the World Atlas
website
[HERE](#)



Which of these
incredible places can
you imagine yourself
visiting one day?



Try to notice things that
stimulate all five senses



colours, shapes, light and
dark



music, voices, birdsong



fresh air, food, perfume



your dinner, a cup of tea, a
sweet



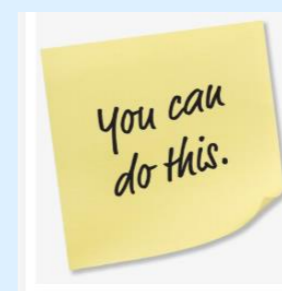
textures, hot and cold.
Do these things trigger
memories? How do they
make you feel?
Pick one thing that makes
you feel good.

[READ THIS EXTRACT](#)

on the website under resources

Use these guiding questions to
talk about it with someone at
home or a friend:

1. Callum and Sephy are going to Celebration Park for a picnic to connect with their friends. How do you celebrate events?
2. The guards speak to Callum but not in a pleasant manner. Do you think this is the way to approach someone? Why/why not?
3. If someone spoke to you as the guards had, how would it make you feel?
4. If your family members are not technically minded, how would you connect with them?
5. Have you read the book or seen the TV series? What connection do Callum and Sephy have?

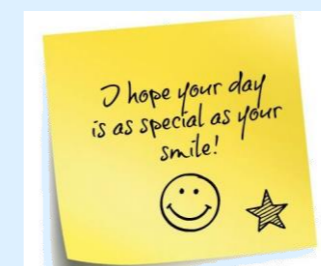


Post its

Write a positive message on
post its (or any note paper)
and place them discretely
around the home to surprise
the person you've directed it
towards

Download the British Red Cross
Kindness Calendar to keep a
record of your random acts of
kindness

[HERE](#)



Use this link to tell your
teacher about the
challenges you
completed this week

[FORM](#)

