

Oasis: Sheppey

Weekly newsletter

Week: 7th May

Year group: 9

Independent learning leagues

Bedrock Vocabulary

1st: Jack Scurfield

2nd: Archie Skinner

3rd: Hayden Fitzpatrick

Hegarty Maths

1st: Jamie King

2nd: Riley Crosby

3rd: Lucy Brightman-Stokes

Fact of the week!

Did you know...the average person spends two weeks of their life waiting at traffic lights.

Cultural Challenge

Don't forget to complete the review on the school website on Friday!

Cultural Challenge Review

New challenges will be sent out by your General Studies teacher on Monday.

Message from Mr Peters: Once again I hope you have had a productive week and managed to find time to complete the tasks set by your teacher and to also partake in any activities and hobbies. This week i have seen some amazing pieces of art work, baking and writing which some of you are completing; which has been fantastic! This week I would like some positive messages from yourselves that you would to put into the next newsletter to help us stay connected and smile during this difficult period. Please email me any messages over the next week

Keeping our minds healthy together

Top 10 tips to support healthy mental health: [NR Top 10 Tips](#)

- Set an alarm and a routine to get school work completed. This will give you structure, focus your mind on your future, reduce anxiety.
- Make sure when you finish your school work you schedule in some physical activity, even a walk.
- Speak to someone every day and laugh.

Word of the week

contemporary

1. Find out what it means.
2. Write it in an impressive sentence.
3. Send to wordoftheweek@oasisisleofsheppey.org

Last week's winner: SKYLA SCOTT (visualise)

I always like to visualise what my work would look like before I start it. My work always turns out perfect when I visualise it in my head.

Message from Miss Rowland:

Year 9! What can I say..... YOU have absolutely smashed it this week. The engagement and maturity you have shown considering the circumstances we are facing is phenomenal, we are so incredibly proud of you – keep it up!

We have loved seeing the creative work you have been sending us, you have set the bar very high, and you should be very proud.

Please don't forget we are doing the Spelling Bee competition on Wednesday 20th – so please send us your names if you want to participate.

As ever if you need anything please email us :)

Can't wait to see you all!

Celebrating great work from

Chantelle Cork!

