

## Unit 2 Assignment A: Rules and Regulation

### Checklist and Knowledge Organiser

Checklist of what should be included:

Success Criteria	Evidence Required	Completed?
2aP1	Define what is a rule Define what is a regulation	
2aP1	Identify and describe <b>5 rules</b> for football and rounders	
2aP1	Identify and describe <b>5 regulations</b> for football and rounders	
2aP1	Explain the <b>scoring system</b> in football and rounders -how is a goal/point scored? -what are the different ways in which points can be scored -is there a league format? If so, how does this work?	
2aP1	What is National Governing Body? Provide examples for football and rounders	
2aP2	Describe <b>4</b> scenarios when a rule has been broken in either football <b>or</b> rounders: Identify the rule broken Describe the actions taken by you as the official/referee Explain the consequences applied and how play is restarted	
2aP3	Identify and explain what an official is and their purpose in sport	
2aP3	Identify the roles of the <b>officials</b> in football and rounders -what officials are there -what is their purpose -how do they do they apply the rules in their sport	
2aP3	Explain the <b>responsibilities</b> of the officials -qualifications -uniform -equipment -knowledge & understanding of the rules -fitness demands	
2aM1	Explain and describe the officials' responsibilities and... -why it is important to complete them? -how does this help them achieve their role? -why is it important they perform them effectively	
2aD1	Compare and contrast the roles and responsibilities of the officials -what factors are similar for a rounders and football official -what factors are different for a rounders and football official -why do you feel that this is the case	
2aD1	State a rule/regulation that you would like to change to improve both football or rounders -why would this improve the game?	

What is a rule?

A **rule** is an instruction that you must do. If you break a rule then there is a consequence

Example for football:

No player is allowed to touch the football with their hands other than the goalkeeper

Example for rounders:

The ball must be bowled below the head and above the knee to be a good ball.

What is a regulation?

A regulation is a rule/guideline that are controlled by the authority of that sport. This can include:

Number of players

Uniform

Length of game

Size of pitch/court

Example of football:

A team needs to consist of 11 players on the pitch at one time

What is a National Governing Body?

This is an organisation of people who help create and manage the rules and regulations of a sport and ensure that competitions are organised fairly. For example the FA (Football Association) is a national governing body for Football in England.

What is an official?

This is a person who controls the game and makes sure the rules and regulations are implemented. For example in football there are 4 referees, the main, 2 assistants and a fourth referee.

Websites that can be used to help:

<http://www.thefa.com/football-rules-governance/lawsandrules>

<https://www.topendsports.com/sport/soccer/basics.htm>

<https://www.rulesofsport.com/sports/football.html>

<https://www.football-knowledge.com/main-football-rules-and-regulations/>

<https://www.rulesofsport.com/sports/rounders.html>

<https://www.theukrules.co.uk/rules/sport/rounders/index.html>

<https://www.roundersengland.co.uk/play/rounders-rules/>