

Year 7					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p><b>Topic:</b> Health and Wellbeing</p> <p><b>Knowledge and skills covered:</b> Introduction to general studies – abridged primary RSE content.</p> <p>The Transition to secondary school. Welcome to OAIOS.</p> <p>Mental health and wellbeing.</p> <p><i><b>SOL Intent:</b> We are learning this because we want students joining the Oasis Academy Isle of Sheppey to be happy and confident as they move into their new school. We want to ensure that students are equipped with useful knowledge about the school so they know who and what support they can access if needed.</i></p>	<p><b>Topic:</b> Living in the Wider World</p> <p><b>Knowledge and skills covered:</b> An introduction to careers and Unifrog.</p> <p>Enterprise skills.</p> <p>Challenging career stereotypes and raising aspirations.</p> <p><i><b>SOL Intent:</b> We are learning this because we believe that as students begin their secondary school journey it is important to have sight of their long-term futures. Having an understanding of the world of work and skills for employability will broaden horizons and help inform future choices.</i></p>	<p><b>Topic:</b> Relationships</p> <p><b>Knowledge and skills covered:</b> Managing on and off-line friendships including dealing with cyber bullying.</p> <p>Diversity, prejudice and discrimination.</p> <p><i><b>SOL Intent:</b> We are learning this because we recognise the importance of compassion and consideration in our everyday actions and choices. Being conscientious about how we treat one another contributes to the wellbeing of everyone and gives us the confidence to challenge social injustice.</i></p>	<p><b>Topic:</b> Identity</p> <p><b>Knowledge and skills covered:</b> Core beliefs of religious and nonreligious cultures (including Buddhism, Islam, Judaism, Christianity and Quakers).</p> <p>Factors that reflect our identity.</p> <p><i><b>SOL Intent:</b> We are learning this because we are growing in a society that is defined by its diversity. The study of religion allows us to explore challenging questions and provides a deeper appreciation for the world we live in. It helps us to challenge prejudice and promote equality.</i></p>	<p><b>Topic:</b> Our World</p> <p><b>Knowledge and skills covered:</b> Religious and nonreligious perspectives on caring for the world and our environment, stewardship and animal rights.</p> <p>The ways in which belief has inspired positive environmental action through the study of individuals and charities.</p> <p><i><b>SOL Intent:</b> : We are learning this because we are growing in a society that is defined by its diversity. The study of religion allows us to explore challenging questions and provides a deeper appreciation for the world we live in. It helps us to challenge prejudice and promote equality.</i></p>	<p><b>Topic:</b> Living in the Wider World</p> <p><b>Knowledge and skills covered:</b> Saving, spending and budgeting our money.</p> <p>Making ethical financial decisions.</p> <p><i><b>SOL Intent:</b> We learning this because we want our students to grow up to be financially confident – recognising the value of money and equipped to spend and save wisely.</i></p>
					<p><b>Topic:</b> Health and Wellbeing</p> <p><b>Knowledge and skills covered:</b> Exploring family life, romantic relationships and friendships.</p> <p>Mental health and wellbeing.</p> <p><i><b>SOL Intent:</b> We learn this because we want our students to be conscious of the variety of relationships that people might experience. Understanding these relationships and learning how to manage them contributes to our overall health and wellbeing.</i></p>
<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p>









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Year 10					
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<p><b>Topic:</b> Health and Wellbeing</p> <p><b>Knowledge and skills covered:</b> Health and safety in independent contexts.</p> <p>Taking responsibility for health choices and checks.</p> <p>Mental health and wellbeing.</p> <p><b>SOL Intent:</b> <i>We are learning this because students need the knowledge to make good choices that protect their health (sexual, physical and mental), as well as protect themselves in the work place, on the road, on a night out and when travelling in other countries.</i></p>	<p><b>Topic:</b> Living in the Wider World</p> <p><b>Knowledge and skills covered:</b> Media Literacy and digital resilience including radicalisation online, extremism/hate speech, fake news critical thinking, phone addiction, media influence, Forced marriage, honour violence (including FGM).</p> <p><b>SOL Intent:</b> <i>We are learning this because students need to know the media can be used as a coercive power. They need to know that nearly every media site has a bias. Students need to know the facts around forced marriage and honour violence in the hope they can recognise when someone is at risk and report it to the appropriate authorities.</i></p>	<p><b>Topic:</b> Relationships</p> <p><b>Knowledge and skills covered:</b> Tackling relationship myths and expectations.</p> <p>Managing romantic relationship challenges including break-ups.</p> <p><b>SOL Intent:</b> <i>We are learning this so student are more able to recognise what a healthy relationship in a variety of contexts and have more realistic expectations of what romantic relationships might offer. We want students to understand the importance of resilience to cope with changing relationships.</i></p>	<p><b>Topic:</b> Issues of Human Rights</p> <p><b>Knowledge and skills covered:</b> This unit meets both PSCE and RE requirements, and includes a study of Universal / Human Rights, social justice, prejudice and discrimination, key individuals whose actions were driven by faith and conviction, and an examination of wealth and poverty.</p> <p><b>SOL Intent:</b> <i>We are learning this because we are growing in a society that is defined by its diversity. The study of religion allows us to explore challenging questions and provides a deeper appreciation for the world we live in. It helps us to challenge prejudice and promote equality</i></p>	<p><b>Topic:</b> Issues of Human Rights</p> <p><b>Knowledge and skills covered:</b> This unit meets both PSCE and RE requirements, and includes a study of Universal / Human Rights, social justice, prejudice and discrimination, key individuals whose actions were driven by faith and conviction, and an examination of wealth and poverty.</p> <p><b>SOL Intent:</b> <i>We are learning this because we are growing in a society that is defined by its diversity. The study of religion allows us to explore challenging questions and provides a deeper appreciation for the world we live in. It helps us to challenge prejudice and promote equality</i></p>	<p><b>Topic:</b> Living in the Wider World</p> <p><b>Knowledge and skills covered:</b> <b>Living in the Wider World:</b> Fundamental British Values and British Liberties including democracy and the role of parliament. Political perspectives.</p> <p><b>SOL Intent:</b> <i>We are learning this because we want our students to mature into informed voters and decision makers, who understand the role of parliament, political perspectives and have an appreciation of the liberties that are enjoyed by The British Public</i></p> <p><b>Topic:</b> Relationships</p> <p><b>Knowledge and skills covered:</b> Understanding different families and parenting skills.</p> <p>Managing change, grief and bereavement.</p> <p><b>SOL Intent:</b> <i>We are learning this so students appreciate the different dynamics of a variety of family situations and reflect on adjustments needed in their own behaviours and expectations. We also recognise loss is an unavoidable part of everyday life and want to equip our students with the strategies to manage this in a way that protects their wellbeing as much as possible.</i></p>



Year 11					
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<p><b>Topic:</b> Health and Wellbeing</p> <p><b>Knowledge and skills covered:</b> Self Esteem Mental health and wellbeing including resilience.</p> <p>Promoting self-esteem and coping with stress Learning and revision skills to maximise potential</p> <p><b>SOL Intent:</b> <i>We are learning this because as students begin their examination year we want to safeguard within them the strategies needed to cope and manage the stress of this. Being able to succeed in this will support students in reaching their maximum potential – paving the way to their happy and successful futures.</i></p>	<p><b>Topic:</b> Living in the Wider World</p> <p><b>Knowledge and skills covered:</b> Understanding the college application process. Plans beyond school.</p> <p>Transferable skills for employment and career progression.</p> <p>Careers and aspirations.</p> <p><b>SOL Intent:</b> <i>We are learning this because we want students to be fully informed about all of the possible options they have available to them post year 11. We want our students to make considered decisions so they progress onto courses and into careers that provide them with fulfilling lives.</i></p>	<p><b>Topic:</b> Relationships</p> <p><b>Knowledge and skills covered:</b> Personal values in relationships.</p> <p>Tackling relationship myths, domestic abuse and forced marriage.</p> <p><b>SOL Intent:</b> <i>We are learning this because identity (personal qualities, values, skills and attributes) are directly linked to understanding situations and maintaining boundaries. We are learning this because domestic abuse and forced marriage are in opposition to the notion of universal human rights in the UK.</i></p>	<p><b>Topic:</b> Life for beginners</p> <p><b>Knowledge and skills covered:</b> Independent living including managing an income, issues or renting and buying a property as well understanding utilities.</p> <p><b>SOL Intent:</b> <i>As our students prepare for their next life transition in life it also important for them to develop a securer understanding of the demands of independent living. This SOL equips students with some the knowledge and skills they will need to navigate their way through adulthood.</i></p>	<p><b>Topic:</b> Life for beginners</p> <p><b>Knowledge and skills covered:</b> Independent living including managing an income, issues or renting and buying a property as well understanding utilities.</p> <p><b>SOL Intent:</b> <i>As our students prepare for their next life transition in life it also important for them to develop a securer understanding of the demands of independent living. This SOL equips students with some the knowledge and skills they will need to navigate their way through adulthood.</i></p>	<p><b>Topic:</b> Health and Wellbeing</p> <p><b>Knowledge and skills covered:</b> Exploring the influence of role models.</p> <p>Evaluating the social and emotional risks of drug use including binge drinking.</p> <p><b>SOL Intent:</b> <i>We are learning this so students can make informed choices about their own physical and mental health and can recognise the social and emotional risks of drug use and binge drinking. We are learning this to further develop media literacy by recognising that not all role models are positive and that even influences often have great financial gain.</i></p>
<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p> <p><b>LPA:</b> Demonstrates a developing understanding and ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p> <p><b>LPA:</b> Demonstrates a developing understanding and ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p> <p><b>LPA:</b> Demonstrates a developing understanding and ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p> <p><b>LPA:</b> Demonstrates a developing understanding and ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p> <p><b>LPA:</b> Demonstrates a developing understanding and ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p> <p><b>LPA:</b> Demonstrates a developing understanding and ability to reflect upon the knowledge covered.</p>



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<p><b>Topic:</b> Health and Wellbeing</p> <p><b>Knowledge and skills covered:</b> Maintaining physical, mental and emotional health and wellbeing Managing media influence on lifestyle.</p> <p><b>SOL Intent:</b> <i>We are learning this because students need to understand the importance of personal health and wellbeing and identify lifestyle choices and strategies to help them protect personal health and wellbeing. Good health and wellbeing is directly linked to success.</i></p>	<p><b>Topic:</b> Living in the Wider World</p> <p><b>Knowledge and skills covered:</b> Developing employability, team work and leadership skills to develop flexibility and resilience. Rights and Responsibilities in employment</p> <p><b>SOL Intent:</b> <i>We are learning this because students who develop employability, team work and leadership skills are more likely to be successful throughout KSS and in the workplace. This success will support all areas of wellbeing.</i></p>	<p><b>Topic:</b> Relationships</p> <p><b>Knowledge and skills covered:</b> Respecting equality and being a productive member of a diverse community. The concept of consent in a variety of contexts</p> <p><b>SOL Intent:</b> <i>We are learning about this to show students they have rights and responsibilities as members of diverse communities, as active citizens and participants in the local and national economy. We are learning the concept of consent in a variety of context to enable students to participate in/ and manage healthy relationships and to manage forms of harassment and abuse.</i></p>	<p><b>Topic:</b> Health and Wellbeing</p> <p><b>Knowledge and skills covered:</b> Managing the transition to increasingly independent living Making informed choices about health and wellbeing matters including drugs, alcohol and tobacco.</p> <p><b>SOL Intent:</b> <i>We are learning this to enable students to make a success of living independently by being law abiding, financially capable and self-sufficient. We are learning about this because students need to make informed choices about health and wellbeing and how to assess and manage risks for their own health and safety,</i></p>	<p><b>Topic:</b> Relationships</p> <p><b>Knowledge and skills covered:</b> Forming, developing and maintaining healthy relationships. Developing parenting skills.</p> <p><b>SOL Intent:</b> <i>We are learning this because students should understand the biggest challenges faced by new parents and be able to offer a variety of solutions to some challenges faced. We are learning this to enable students to know and consider the larger variety of relationship types they will encounter as they mature and act accordingly, with particular reference to relationships in the workplace and avoiding conflict.</i></p>	<p><b>Topic:</b> Living in the Wider World</p> <p><b>Knowledge and skills covered:</b> Life beyond OAIOS. Personal Statements and the UCAS Process. Choices and Pathways</p> <p><b>SOL Intent:</b> <i>Students will use this term to investigate university and career options, prepare personal statements and complete UCAS applications.</i></p>
<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p> <p><b>LPA:</b> Demonstrates a developing understanding and ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p> <p><b>LPA:</b> Demonstrates a developing understanding and ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p> <p><b>LPA:</b> Demonstrates a developing understanding and ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p> <p><b>LPA:</b> Demonstrates a developing understanding and ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p> <p><b>LPA:</b> Demonstrates a developing understanding and ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p> <p><b>LPA:</b> Demonstrates a developing understanding and ability to reflect upon the knowledge covered.</p>



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<p><b>Topic:</b> Health and Wellbeing</p> <p><b>Knowledge and skills covered:</b> Responding to an emergency including administering first aid. Mental health and wellbeing.</p> <p><b>SOL Intent:</b> <i>We are learning this to enable students to perform first aid, including CPR and evaluate when to summon emergency services including when it might draw attention to unlawful activity. We are learning this to enable students to take responsibility for their own mental health.</i></p>	<p><b>Topic:</b> Living in the Wider World</p> <p><b>Knowledge and skills covered:</b> Making financial choices including student finance, budgeting on a salary. Rights and responsibilities as a consumer.</p> <p><b>SOL Intent:</b> <i>We are learning this to enable students to be critical consumers (good value, ethics) and to manage their own finances with an understanding of the consequences of debt, the risks associated with loans and the benefits of some saving schemes.</i></p>	<p><b>Topic Relationships</b></p> <p><b>Knowledge and skills covered:</b> Managing risky or unhealthy relationships, including all forms of harassment and abuse (on and online). Making informed choices about sexual health</p> <p><b>SOL Intent:</b> <i>We are learning this to enable students to recognise, manage and escape from different forms of physical and emotional abuse (and how and where to get support to facilitate this). We are learning this to enable students to manage decisions around contraception, the prevention of STIs and pregnancy.</i></p>	<p><b>Topic Health and Wellbeing</b></p> <p><b>Knowledge and skills covered:</b> Being examination ready: revision techniques and managing stress. Mental health and wellbeing.</p> <p><b>SOL Intent:</b> <i>We are learning this because planning revision and adopting positive strategies to manage stress will support students as they prepare for KSS examinations.</i></p>		
<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p> <p><b>LPA:</b> Demonstrates a developing understanding and ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p> <p><b>LPA:</b> Demonstrates a developing understanding and ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p> <p><b>LPA:</b> Demonstrates a developing understanding and ability to reflect upon the knowledge covered.</p>	<p><b>Milestones/outcomes:</b> <b>HPA:</b> Demonstrates a confident understanding and ability to reflect upon the knowledge covered.</p> <p><b>MPA:</b> Developing a confident understanding and increasing ability to reflect upon the knowledge covered.</p> <p><b>LPA:</b> Demonstrates a developing understanding and ability to reflect upon the knowledge covered.</p>		
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