

Knowledge Check

General Studies, Year 10, Term 1

Owning responsibility for health and safety in a variety of contexts.

If you are confident tick the green box.

If you're not sure tick the yellow box.

If you definitely don't know, tick the red box.

By the end of the term we want to see the boxes turned to green ticks. We are learning this because it is vital that you know your responsibilities in keeping yourself and others safe.

		Don't know	Not sure	Confident
1	I know what cancer is.			
2	I know how to self-check for breast cancer or testicular cancer.			
3	I understand some of the ways in which cancer is diagnosed and treated.			
4	I know about lifestyle factors, choices and situations that can contribute to the likelihood of illness.			
5	I can explain some lifestyle choices that reduce the risk of cancer.			
6	I know what sexual health is.			
7	I know what an STI is			
8	I understand that contraception is not 100% effective against STIs and pregnancy.			
9	I can explain how to protect against an STI			
10	I know the difference between a cosmetic and an aesthetic procedure			
11	I can explain the positive and negative effects of botox and fillers			
12	I know what health and safety in the workplace is.			
13	I can identify some risks in a workplace.			
14	I can explain whose responsibility safety in the workplace is.			
15	I can describe some ways to stay safe on the roads.			
16	I can describe some ways to stay safe on a night out.			
17	I can describe some ways to stay safe and not break laws when travelling abroad.			
18	I know what HIV is.			
19	I can describe why HIV is not a dangerous virus when correct treatment is sought and given.			
20	I can identify reputable websites to research information about health issues.			