

Personalised Learning Checklist

Look at each of the knowledge statements

If you are confident that you know what it means, tick the green box.

If you're not sure what it means, tick the yellow box.

If you definitely don't know what it means, tick the red box.

By the end of the term we want to see the boxes turned to green ticks. We are learning this because the features of positive and stable relationships (including trust, mutual respect, honesty, equality) and those of unhealthy relationships (including imbalance of power, coercion, control, exploitation, abuse of any kind)

	Knowledge Statement	Not a clue	Not sure	Confident
1	I know what makes a healthy relationship.			
2	I understand the features of an abusive relationship.			
3	I am be able to support a friend who may be experiencing abuse and be able to access support.			
4	I know what consent means.			
5	I understand some consequences of someone not receiving consent for sexual behaviour within a relationship.			
6	I understand the meaning of Sharing Sexual Images.			
7	I can identify the risks of sending nudes.			
8	I understand the legal implications of sending or being in possession of nudes.			
9	I am able to make choices that ensure my wellbeing in relationships.			
10	I understand the meaning of Pornography.			
11	I know the dangers surrounding watching pornography.			
12	I understand the neurochemical changes that occur whilst watching porn.			
13	I know the meaning of STIs.			
14	I know the symptoms of common STI's			
15	I understand how to protect myself against STIs and can recognise the symptoms common to many sexually transmitted infections.			