

Personalised Learning Checklist

Look at each of the knowledge statements

If you are confident that you know what it means, tick the green box.

If you're not sure what it means, tick the yellow box.

If you definitely don't know what it means, tick the red box.

By the end of the term we want to see the boxes turned to green ticks. We are learning this because alcohol is responsible for many more deaths than any illegal drug. Every day in the UK, one person is killed by alcohol poisoning. Many thousands of deaths and injuries are also caused by the way people behave when under the influence of alcohol

	Knowledge Statement	Not a clue	Not sure	Confident
1	I know the meaning of managing peer pressure.			
2	I understand that peer pressure can be positive and negative.			
3	I am be able to consider different ways to deal with negative peer pressure.			
4	I know the meaning of alcohol abuse:			
5	I understand the key risks of drinking alcohol for young people.			
6	I understand the personal consequences, for myself and others, of using alcohol irresponsibly.			
7	I can impact of alcohol on teenager and how it can seriously affect their lives.			
8	I understand the meaning of recreational drug abuse.			
9	I know some of the effects of using cannabis.			
10	I understand the impact of cannabis on teenager and how it can seriously affect their lives.			
11	I understand the argument for the legalisation of cannabis.			
12	I know the meaning of the term psychotropic drugs.			
13	I understand the impact of psychotropic drug on teenager and how it can seriously affect their lives. The effects of on the brain by using psychotropic drug.			
14	I know some of the effects of using heroin and cocaine.			
15	I understand the impact of heroin and cocaine on teenager and how it can seriously affect their lives. The physical effects of heroin and cocaine on a person.			