



### Term 2: Year 10 Component 3

<u>Unit 1</u>	RED	AMBER	GREEN	Do you need further support following DIRT?	Final rating		
					R	A	G
A. Demonstrate knowledge and understanding of factors that affect health and well being							
Describe social interaction							
Define a supportive relationship							
Describe unsupportive relationships							
<b>DIRT 1: AO1: Factors affecting health and well being</b>							
Identify the impact of social interactions on well being							
Outline in more detail factors that affect health and well being							
Describe stress, e.g. work related							
<b>Dir 2. AO1 Factor affecting health and well being</b>							
Explain using specific examples the impact that stress and social interactions have on health and well being							
Explain willingness to seek help or access service, e.g influenced by culture, gender or education							
Assess economic factors that have a positive impact on health							
Analyse the negative impact on health caused by economic factors							
<b>Explain social integration and isolation</b>							
Discuss financial resources that affect health.							
Explain the key differences between groups of individuals and factors they face.							
Write an extended answer to factors that affect health and well being both positively and negatively ( environmental factors: levels of pollution and noise, housing conditions, location life events and relationship changes							
Summative Assessment – short/ long answered questions for learning outcome A- All topics listed above.							

Percentage	I can ...	Prove it!- check your book
 L2P	<p style="text-align: center;"><b>Discuss factors that affect health and wellbeing using key terminology</b></p> <ul style="list-style-type: none"> <li>• <i>Break down all key factors affecting health</i></li> <li>• <i>Consider the factors that affect health and wellbeing positively</i></li> <li>• <i>Consider the factors that affect health and wellbeing negatively</i></li> </ul>	<p>Describe key factors that may affect health and well being :</p> <ul style="list-style-type: none"> <li>Genetic inheritance</li> <li>Ill health</li> <li>Diet</li> <li>Exercise</li> <li>Substance use</li> <li>Personal hygiene</li> <li>Lifestyle choices</li> </ul> <p>Consider factors that affect health both positively and negatively using specific examples</p> <p>Evaluate the importance of health and exercise</p> <p>Social/ emotional/ environmental/ economic/ stress/ housing/ life effects/ financial/ accessing services</p>

		<p>:Key :</p> <p>LPA</p> <p>MPA</p> <p>HPA</p>
<p>L2M/D</p> 	<p>Case studies are often used for Distinction Questions, these will be 8 mark questions</p> <p>You will need to answer extended questions using correct terminology supported by examples.</p>	<p>Using a case study/ reflection/observation/ reports/improvement plans evaluate how factors affect health and wellbeing both positively and negatively making suggestions for improvement.</p>