

Term 1 Year 11 Unit 2: learning Aim B

	RED	AMBER	GREEN	Achieved in Midterm DIRT	Achieved in the post assessment
<i>Learning aim B:</i> Practically demonstrate skills, techniques and tactics in selected sports					
Technical and tactical- Pass criteria					
-Define the term fitness -Describe the health components of fitness and apply each to football and rounders and explain why each are required in the sports.					
-Define what a skill and technique is. -Describe how skills are categorised. - Identify and describe how to perform the skills in rounders.					
-Identify and describe how to perform the skills in football.					
D.I.R.T					
Pass criteria					
Demonstrate the skills, techniques and tactics effectively in football and rounder's.					
Merit criteria					
Demonstrate the skills, techniques and tactics effectively, in two selected sports, in competitive situations.					